



AB

AviemoreBeauty

SALLY-ANN WESTCOTT

www.aviemorebeauty.com 01479 812 166

AVIEMORE BEAUTY - 01479 812166

A small friendly relaxed salon situated on the main road of Aviemore, the longest established beauty clinic in the Spey Valley. Sharing a building with Snippitz Hair Studio - 01479 811855 - which can cater for all your hair needs.

Independantly run by Sally-Ann Westcott who has over 20 years experience within the beauty industry. She is proud to offer a great range of treatments and give an honest, caring, discrete and professional service.

OPENING HOURS

Sunday & Monday

Closed

Tuesday to Friday

10am - 6pm

Saturday

10am - 4pm

Earlier and later appointments can also be arranged on request. Advanced booking is advised to avoid disappointment. Gift vouchers are available and are valid for 6 months from date of purchase. Cancellation policy: Aviemore Beauty requires 24 hours notice to cancel any appointment or 50% charge of the appointment cost will be made. Prices correct at time of going to print and are subject to change without prior notice.

GRAPHICS BY

EUANB.com



THERAPEUTIC BODY MASSAGE

Enjoy a relaxing swedish massage to ease tired stressed muscles and aid lymphatic drainage.

FEET - £12.50 NECK & SHOULDERS - £18

BACK, NECK & SHOULDERS - £23.50

LEGS - £22.50 FULL BODY - £50

DEEP TISSUE MASSAGE

Sally-Ann is also qualified in deep tissue techniques which are highly effective in easing severe tension, treating injuries and preventing the development of loosening scarred tissue. Prices as above!

HOT STONE MASSAGE THERAPY

Enjoy a truly relaxing treatment to to ease the stresses on the mind body and soul. Using a combination of swedish massage and smooth flat heated volcanic stones which allow deeper penetration into the muscles allowing them to relax.

FULL BODY - £65 BACK - £30



HANDS & FEET

MINI MANICURE	- £13.50
file, oil, buff & polish of your choice	
MINI FRENCH	- £15.50
as above but with French polish	
LUXURY MANICURE	- £23.50
file, oil, buff, bubble hand soak, cuticle work, massage & finished off with a polish of your choice	
LUXURY FRENCH MANICURE	- £25.50
as above but with French polish	
LUXURY MANICURE WITH NO POLISH	- £20.00
MINI PEDICURE	- £14.50
file, oil, buff & polish of your choice	
MINI FRENCH	- £16.50
as above with French polish	
LUXURY PEDICURE	- £27.50
foot spa, file, oil, buff, cuticle work, exfoliation massage & finished off with a polish of your choice	
LUXURY FRENCH PEDICURE	- £29.50
as above but with a French polish	
LUXURY PEDICURE WITH NO POLISH	- £24

Shellac™

MINI MANICURE	- £25	£10 - TO ADD SHELLAC TO
MINI PEDICURE	- £25	ANY OTHER MAINCURE OR
SHELLAC SOAK OFF	- £10	PEDICURE TREATMENT

CND[®]e
Hands. Feet. Beauty.

Minx™

MINX NAILS - £25

WAXING TREATMENTS

Sally-Ann is proud of her reputation of hygienic practices, she therefore uses the PHD waxing system, a revolutionary waxing system from New Zealand with a unique completely disposable applicator. This will be opened in your presence and disposed of after treatment is complete, eliminating the worrying possibility of cross contamination between clients, demonstrating that your well being is of paramount importance to us.



Professional Hygienic & Disposable Waxing System

WAX PACKAGES

- 1) ½ LEG, BIKINI & UNDERARM - £31.00
- 2) FULL LEG, BIKINI & UNDERARM - £39.00
- 3) 1/2 LEG, BIKINI OR UNDERARM - £22.50

CHEST OR BACK WAX FROM - £15.00

BIKINI FROM	- £10.00	FULL LEG	- £23.50
UNDERARM	- £9.50	HALF LEG	- £14.50
LIP OR CHIN	- £5.00	FULL LEG & BIKINI	- £29.00
LIP&CHIN	- £10.00	EYEBROW RE SHAPE	- £10.00
ARM	- £13.50	EYEBROW TIDY	- £8.50

AFTER CARE INSTRUCTIONS FOR WAXING

Do not use a steam room, sauna or any other heat treatments for 24hrs

Do not apply talc, make-up or self tanning lotion for 24hrs

Do not soak in a hot bath or shower for 24hrs

Do not swim in chlorinated water for 24hrs

Do not expose the skin to sun or sunbeds for 48hrs

Do not apply body sprays or deodorants or perfume for 24hrs

AIRBRUSH TANNING

HE-SHI - THE FLAWLESS TAN FOR HIM AND FOR HER

FULL BODY - £25 TOP HALF - £15 LEGS - £10

PROVIDING AN OLIVE TAN IN MINUTES AND WITH ITS UNIQUE INGREDIENTS IT WON'T GO PATCHY OR STREAKY AND FADES OFF LIKE A REAL TAN

THE NIGHT BEFORE: Shower, exfoliate (paying particular attention to hands, feet, knees and elbows). Shave where desired and moisturise dry areas.

ON THE DAY: The face should be free of make-up and no body lotions should be used on the skin. Remove jewelry. Wear dark undergarments and loose clothing to change into after the tanning session. Bring a hair band if you have long hair. When the spray has been applied you will leave with a slight colour. Allow up to six hours for the full colouring affect. Avoid water on the skin or exercise that would cause sweating (good excuse not to do the dishes).

The tan should last roughly one week providing the skin is kept well moisturised. Please note this treatment does not offer protection from U.V. light, therefore always protect your skin with a S.P.F. when tanning in the sun.

he-shi

HOME TANNING PARTIES ARE AVAILABLE ON REQUEST



LHE LATEST TECHNOLOGY IN PERMANENT HAIR REDUCTION AND SKIN REJUVENATION

HAIR REDUCTION

The **LHE** system works effectively and safely, providing progressively *permanent hair removal. While blond and grey hairs can be treated provided the skin is paler than the hair, but generally more treatments are required. The treatment works by destroying the cells which produce a hair by introducing pulses of heat into the hair follicle. The heat is absorbed by the hair, which causes the follicle to die and prevents another hair from growing. (*On active growing hairs)

The number of treatments will vary depending on hair and skin type.

SKIN REJUVENATION

LHE skin rejuvenation is the safe effective and painless method to achieve younger, healthier looking skin. A completely non-invasive, non-abrasive, treatment with no recovery time and has no harmful side effects. **LHE** treats sun damage, vascular lesions, fine lines and other manifestations of aging skin.

To reverse and remove lesions like age spots and spider veins, **LHE** emits a very low and ultra-safe wave of light. The light generates heat that is drawn to the darker pigmentation in the targeted lesions. The heat then raises the temperature inside the lesion, thereby damaging it. The body's natural healing process works to remove the lesion, which then simply scabs and drops off or is absorbed in the skin.

To treat fine lines and wrinkles **LHE** employs a similar light and heat procedure. By initiating a natural wound healing process, **LHE** causes the rebuilding of new collagen under the outer layer of the skin, tightening the skin and smoothing out fine lines and wrinkles.

FOR FURTHER DETAILS AND PRICES PLEASE CALL
THE SALON - 01479 812166

dermalogica

A skin care system researched and developed by
The International Dermal Institute

FACIAL TREATMENTS ENJOY A TRULY LUXURIOUS
PROFESSIONAL FACIAL WITH DERMALOGICA PRODUCTS.

FACE MAPPING - 10 MINS - *FREE OF CHARGE*

Face mapping is a revolutionary approach to skin analysis developed by the international dermal institute. This procedure provides the skin therapist an objective view of the skin's condition as well as an indication of underlying health issues that might be affecting it. A prescriptive sheet will be given along with advise of which products would suit your skins needs best.

THE DERMALOGICA FACE TREATMENT - 1 HR - £42.50

A truly revolutionary treatment, customised by the skin therapist, based on face mapping skin analysis. The treatment will be unique to each client by using dermalogica's botanical mixers throughout the facial providing additional benefits to your skin.

EXPRESS SKIN CARE TREATMENT - 30 MINS - £22.50

An ideal taster for busy people on the go or those new to Dermalogica. A double cleanse, exfoliation and masque followed by appropriate moisturiser.

REVITALISING EYE RESCUE TREATMENT - 20MINS - £15

Designed to firm and tone the eye area, this treatment helps to diminish fine lines, reduce puffyness and sooth irritated tired eyes.

**ALL DEMALOGICA FACIALS INCLUDE YOUR CHOICE
OF A RELAXING HAND OR FOOT MASSAGE.**

Prescriptive retail advice will also be given to continue skin care regime at home.



TINTING

DARKEN THOSE LASHES
FOR A MORE GLAM LOOK!!!

EYEBROW TINT	- £6.50
BROW & LASH TINT	- £16.00
EYELASH TINT	- £12.00
SEMI PERMANENT LASHES	- £15.00
EYEBROW TIDY, BROW & LASH TINT	- £24.00

*A patch test is required for first time tinting
clients 24hrs prior to treatment.

MAKE UP

LOOK GREAT FOR THAT SPECIAL DAY WHETHER IT
BE YOUR WEDDING DAY, A GUEST AT THE WEDDING
OR JUST TO LOOK GOOD ON A NIGHT OUT.

WEDDING MAKE-UP INCLUDING TRIAL	- £60
SPECIAL OCCASION MAKE-UP	- £25

Sally-Ann can come to your choice of location but please
note there will be a call out and travel charge.

Aviemo**re**Beauty

MOBILE SERVICE

Aviemo**re** Beauty is proud to offer a mobile service to your choice of location. Treatments offered are limited but perfect for small or large groups wanting a therapist to come to you!!!

FOLLOWING TREATMENTS AVAILABLE -

MASSAGE . AIRBRUSH SPRAY TAN . HANDS & FEET
MAKE-UP . LADIES NIGHT PAMPER PARTIES
FACIAL TREATMENTS

REFER TO PRICES IN BROCHURE.

Please note locations out with Aviemo**re** will incur a charge of 50p per mile.



MICRODERMABRASION

£38 PER SESSION

Using the new revolutionary dermaco diamond tip abrasion.

Benefits of microdermabrasion - improvement of skintone, colour and texture, increased elasticity, reduction of enlarged pores, removal of surface skin lines and wrinkles, removal of skin discolouration caused by sun damage, reduction of oily skin.

NON-SURGICAL FACELIFT

£40 PER SESSION OR £360 FOR COURSE OF 10

Using the new revolutionary Dermaco pro system.

A relaxing treatment using low level micro currents to stimulate the cells in the skin and the muscles much the same way as the body's own signals.

These electrical impulses regenerate the cells, moisturise the lower skin layers and retrain the muscles so they become toned and reshaped. A course of 10 treatments should be completed over a 3-4 week period, then once every 4 weeks to maintain the new youthful appearance.

MICRODERMABRASION AND NON-SURGICAL FACELIFT
COMBINED £70

Add ons - ultrasound, cryotherapy & LED light therapy

Call salon for more info or log onto -

www.dermacoskincare.co.uk



LADIES NIGHT



PAMPER PARTIES - PERFECT FOR HEN PARTIES OR A GIRLS' GET TOGETHER; LOOK PERFECT FOR YOUR NIGHT OUT!

This is a hands on interactive pamper session. We will sit round a table each with a mirror and have detailed look at your skin. We discuss skin types, any problems you may have, decide which products are best suited to your skin using Dermalogica's face mapping techniques. You will learn how to properly cleanse, exfoliate, tone and moisturise your skin and how to take care of it for the rest of your life.

Make-up will then be applied to one of the group by myself and then everyone gets a chance to apply their own make-up and ask any questions. If you liked what you tried all the Dermalogica products would be available to purchase at a 10% discount.

£12.50 PER PERSON-MINIMUM 6 PEOPLE

KIDS PAMPER PARTIES

RUN OUT OF IDEAS FOR YOUR LITTLE GIRLS' PARTY?

Then a kids pamper party is for you! Sally-ann will come to your home and give the girls a mini manicure and mini makeover. Suitable for girls aged 6-12yrs.

£10 PER CHILD - MINIMUM 6 CHILDREN

Pamper parties can be done at your choice of location or at the salon.

Please note a small call out & travel charge would apply.

**A VARIETY OF OTHER TREATMENTS CAN BE ORGANISED ON REQUEST
IN THE COMFORT OF YOUR OWN ACCOMMODATION. JUST ASK!**